

Counseling Statement – IAW AR 600-60, 4-12, b - Counselors will inform soldiers that:

1. **They can elect to appear or waive the appearance before the MMRB.** The National Guard Bureau has been granted an exception to policy IAW AR 600-60 for Soldiers to waive their right of Appearance. By waiving the right to appear before the board only the Soldier's medical records and MMRB Packet will be presented. The uniform is BDU unless otherwise stated.
2. The soldier may also bring unit representatives to speak on their behalf.
3. Retention by the Medical/MOS Retention Board does not exempt me from meeting the physical requirements for attendance from military education schools (NCOES).
4. Attendance at NCOES is a prerequisite for promotion to the grade of E-5 through E-9.
5. If my medical condition precludes me from meeting the requirements for my next level of NCOES, the soldier will not be promoted to the next higher grade.

Counselors will explain the following choices:

-Retained in current PMOS-This will put the soldier back to full duty according to the limitations of the profile. The soldier's record will be changed to show the new status. The soldier will not be boarded again for the same profile unless there is a change.

-Reclassified to another MOS-The counselor should have the DA Pam 611-21. The counselor and soldier should review the profile limitations and discuss the options of a change in MOS. Each soldier should be prepared to give the board viable options that would allow for the soldier's limitations. The soldier should also be counseled that if they choose an MOS that the unit does not hold, the soldier must transfer.

-Referred to the MEB/PEB-The MMRB does not decide whether the soldier is fit or unfit. The board refers the soldier to the MEB/PEB. The Medical Evaluation Board (MEB) is for line of duty injuries only. The Physical Evaluation Board (PEB) is for Non-Duty related injuries.

During the Process the soldier has several opportunities to appeal:

1. MMRB-The soldier has two working days after the board to appeal in writing to the recorder.
2. MMRB-The soldier has sixty (60) days to decide whether he/she wants to:
 - a. Discharge from the Army National Guard-When this decision is made the soldier is no longer allowed to drill or do any military duty.
 - b. Transfer to the Retired Reserve (20 qualifying years of verified service) -When this decision is made the soldier is no longer allowed to drill or do any military duty.
 - c. Early Retirement (15 qualifying years of verified service) -When this decision is made the soldier is no longer allowed to drill or do any military duty.
 - d. PEB for retention ruling-During this process the soldier will do all military duty within the limitations of the profile. When the PEB decision is made the soldier has ten working days to appeal. This will be the final appeal. When the decision comes back from this appeal it is final. The soldier will either be retained or sent for discharge process.